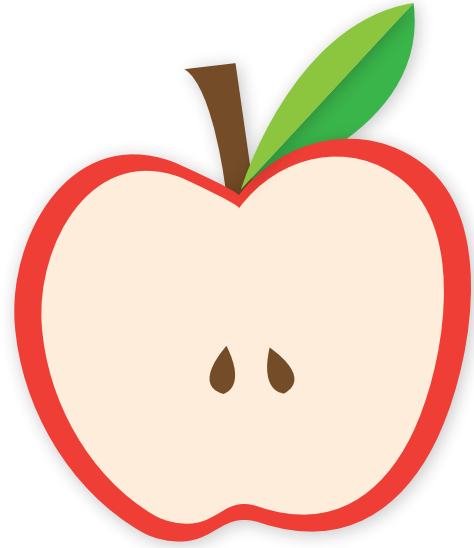


Apple Pie Dough

Collect

- Flour
- Vegetable oil
- Cinnamon and nutmeg
- Red sidewalk chalk
- Hammer
- Plastic bag
- Storage container



Make

Place the sidewalk chalk in a plastic bag. Use a hammer to crush the chalk into fine pieces until you have about half a cup of crushed chalk. Mix the chalk with seven cups of flour. Add a sprinkling of cinnamon and nutmeg to the mixture. Remember, a little bit goes a long way! Finally, pour about one cup of vegetable oil onto the mixture and knead the dough until it becomes moldable.

Play

Let your child's imagination lead the way! Mold it, shape it, squeeze it, smooth it, and crumble it. Engage the senses and talk about what the dough feels like, looks like, and smells like. You may even want to add some old cookie cutters, muffin tins, or a rolling pin so your child can create an imaginary bakery.

Tip: Play can be messy! Cover the play space with a drop cloth or old table cloth to make clean up easier. Also, if you plan on saving the dough for another day, place it in an airtight container when your child is finished playing.

Learn

Sensory play allows the learner to absorb information through multiple senses and encourages the child to explore and create as he plays. This type of play helps learners develop and refine physical, emotional, and cognitive skill sets.

